



**Sharpness AFC Covid-19 Risk Assessment  
for use of Facilities at Hamfields Leisure**

<u>Area of Risk</u>	<u>Who's at Risk</u>	<u>Risk RAG Rating</u>  <u>Red, Amber or Green (RAG)</u>	<u>Solution/Mitigation</u>	<u>Solution/Mitigation Rating</u> <u>Red, Amber or Green (RAG)</u>	<u>Review Post Activity</u>
<b><u>Before Activity</u></b>					
Covid-19 Self-Assessment	Everyone	Red	Before attending the match, everyone who will be attending, should carry out our Covid-19 self-assessment before arriving (See Appendix 1 below). If they have any of the symptoms then they should stay at home, self-isolate & follow the latest Government guidance.	Amber	
Track & Trace	Everyone	Red	A register will be kept of all players and team officials who attend the match to assist with NHS track and trace system. Each team shall be responsible for filling out their own form and the form must be handed to a Sharpness club official on completion. This register will be kept in accordance with GDPR and destroyed after 21 days.	Green	
Advance Information	Everyone	Red	The Covid-19 officer will issue all Sharpness AFC players and team officials this risk assessment and appendices when either signing on or joining the club. They must sign to say they will comply with the documents before they will be allowed to attend a match.  The Covid-19 Officer will send out the risk assessment and attached appendices to the opposition and match officials 5 days prior to the fixture. The visiting team will be requested to confirm in writing at least 48hrs before the match that they are happy with the risk assessment and will follow the guidelines set out.	Green	

Travel	Everyone	Red	<p>All participants and other attendees should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible. People from the same household or support bubble can travel together in a vehicle.</p> <p>If participants do have to travel with people outside their household or support bubble, they should adhere to the guidelines listed below. (Appendix 2)</p>	Amber	
Arrival	Everyone	Red	<p>On arrival to the ground players, coaches and match officials will be given a safety briefing by the appointed matchday Covid-19 Officer to inform them of their responsibilities in complying with our Matchday protocols.</p> <p>Clear signage (e.g. for one-way systems) to manage entry, parking arrangements, traffic flow and general movement around the venue will be installed to ensure social distancing can be maintained.</p>	Green	
Team Changing Rooms & Showers	Players & Team Officials	RED	<p>Where possible players &amp; team officials are to arrive changed in order to minimise use of changing rooms before the match.</p> <p>Changing rooms will be open for use with a maximum of 6 people allowed in each team changing room at one time.</p> <p>Social distancing must be adhered to at all times while in the changing rooms.</p> <p>Seating will be marked clearly to ensure social distancing is adhered too and signage will be on display.</p> <p>Windows will be open to allow extra ventilation.</p> <p>A hand sanitising station will be located outside each changing room for use before and after exiting the changing room.</p> <p>Changing Rooms will be thoroughly cleaned before &amp; after use.</p>	Amber	
Changing Room	Match Officials	Red	<p>Where possible match officials are to arrive changed in</p>	Green	

& Showers			<p>order to minimise use of changing rooms before the match.</p> <p>Match Official changing rooms will be open for use with a maximum of 1 person allowed in each match official changing room at one time.</p> <p>The window will be open to allow extra ventilation.</p> <p>A hand sanitising station will be located outside each changing room for use before and after exiting the changing room.</p> <p>Changing rooms will be cleaned thoroughly before &amp; after use.</p>		
Toilet	Players, team officials and match officials	Red	<p>A toilet will be available for use within each changing room before, during and after the match with a maximum of one person allowed in the toilet at a time. Hot water, soap and paper towels will be made available for use to clean hands.</p> <p>Toilets will be cleaned thoroughly before, during &amp; after the match.</p>	Green	
Cleaning Products	Club officials	Red	<p>The club will purchase sanitising cleaner and wipes for cleaning changing rooms, showers, toilets and equipment.</p> <p>The club will purchase hand sanitiser for use when people enter and exit the changing rooms.</p>	Green	
Cleaning Equipment	Club officials	Red	<p>Goalposts and corner flags will be cleaned prior to the match.</p>	Green	
<b><u>During a Match</u></b>					
Social distancing around matches	Everyone	Red	<p>Competitive match play is now permitted, however, in all settings before and after matches all participants should practise social distancing</p>	Green	
Cleaning Equipment	Club officials	Red	<p>Goalposts and corner flags will be cleaned during half time.</p>	Green	
Warm-ups/cool downs (Not competitive training)	Everyone	Red	<p>Warm-ups/cool-downs should always observe social distancing.</p>	Green	

Competitive Training (Warming Up)	Everyone	Red	Competitive training can take place prior to a match, in an outdoor setting, provided this takes place in groups of no more than 30 (including coaches).	Amber	
Pre-match handshake	Everyone	Red	Pre-match handshake will be prohibited.	Green	
Team talk huddles	Everyone	Red	Team talk huddles should not take place. Team talks may take place, as long as social distancing is observed and held outdoors where possible.	Green	
Breaks in play	Everyone	Red	All participants should practise social distancing during any breaks in play.	Green	
Goal celebrations	Players & Coaching Staff	Red	Goal celebrations should be avoided.	Amber	
Touchline & dug outs	Everyone	Red	A maximum of 4 people will be permitted within the dugout and technical area with social distancing practised at all times.  Substitutes will be given their own area adjacent to the dugouts which they can also use for warming up.  Social distancing must be observed during substitutions.	Green	
Drink Bottles	Everyone	Red	Water bottles or other refreshment containers should in no circumstances be shared. Participants should bring their own drinks or refreshments, in a named container.	Green	
Use of Equipment	Everyone	Red	The sharing of equipment must be avoided where possible. Where equipment is shared, equipment must be cleaned before use by another person.	Amber	
Ball Transfer	Everyone	Red	The nature of football means that the ball is not frequently handled. When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.  If the ball cannot be retrieved easily by a participant then a clean ball will be introduced.  The irretrievable ball will then be retrieved by a non-participant and cleaned before being reintroduced into the game.	Amber	
Shouting, spitting and	Everyone	Red	There is an additional risk of infection in close proximity situations where people are shouting or conversing	Amber	

chewing gum.			<p>loudly.</p> <p>If possible, players, coaches and officials should avoid shouting or raising their voices when facing each other during, before and after games.</p> <p>Everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face</p> <p>Chewing gum will be prohibited before, during and after the game and should be disposed of on arrival at the ground.</p>		
Treatment of Injuries	First Aider/Physio	Red	<p>If a player requires first aid then the first aider must be wearing the appropriate PPE (face mask, gloves, apron and goggles/face shield) when attending to the participant.</p> <p>After providing first aid the first aider should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity.</p> <p>The first aider must also keep a record of anyone they have treated to aid with the NHS track &amp; trace.</p>	Green	
Social Distancing	Spectators	Red	<p>Spectators should remain socially distanced whilst attending matches. Spectator groups must be restricted to six-person gathering limits and spread out at 2m intervals.</p> <p>Spectators will be restricted to standing on one side line and one goal line. See attached Diagram/Photo.</p> <p>Clear signage will be on display around the pitch to indicate that 2m social distancing must be adhered to. The pitch perimeter fencing will also be clearly marked as to indicate 2m distancing.</p>	Amber	
Toilet	Spectators	Red	<p>A toilet will be available to all spectators inside Hamfields Leisure which is located next to the pitch. Hamfields Leisure have their own protocols and one-way system for use of these toilet.</p>	Amber	

<u>After the Match</u>					
Hygiene	Everyone	Red	Participants and spectators should wash their hands or apply sanitiser at the earliest opportunity after the match.	Green	
Cleaning Equipment	Club officials	Red	Goal posts and corner flags will be cleaned after the match.	Green	
Changing Rooms & Showering	Everyone	Red	<p>Changing rooms will be open for use with a maximum of 6 people allowed in each team changing room at one time.</p> <p>Social distancing must be adhered to at all times while in the changing rooms.</p> <p>Windows will be opened to allow extra ventilation.</p> <p>Seating will be marked clearly to ensure social distancing is adhered too.</p> <p>A hand sanitising station will be located outside each changing room for use before and after exiting the changing room.</p> <p>Showering will be permitted but only a maximum of 3 people will be allowed in the showering area at one time.</p> <p>Only 3 showers will be in use and will be clearly marked.</p> <p>Changing rooms will be cleaned thoroughly before &amp; after use.</p>	Amber	
Washing	Players, club officials & kit washer.	Red	<p>After the match players must remove their kit in the changing room and place into the black waste bag provided.</p> <p>The kit will then be taken by a club official and dropped off at the kit washers house.</p> <p>Anybody handling the soiled kit must wash or sanitise their hands immediately afterwards.</p> <p>The kit washer will then wash the kit and will wear</p>	Amber	

			<p>gloves, mask and apron while touching the soiled kit.</p> <p>The clean kit will then be dropped back off at the changing rooms.</p>		
Payment of Match Fee's	Player's & Club Officials	Red	The club have purchased mobile card readers in order for players to pay their match fees via contactless.	Green	
Experiencing symptoms of Covid-19	Everyone	Red	<p>Should anyone develop any Covid-19 symptoms then they must self-isolate straight away in line with government guidelines and order a test.</p> <p>They should alert the Covid-19 officer straight away to inform them they have developed symptoms and when they started.</p> <p>The Covid-19 officer will then consult the register and inform anyone who has been in contact with that person in the 48hrs prior to them developing symptoms. At this stage those who have been in contact with the person experiencing symptoms will not need to self-isolate but should practise good social distancing, hygiene and watch out for their own symptoms until the test result has been received.</p> <p>Should the test result be negative no further action will be required and the person with symptoms will be allowed back to club activities once they are no longer experiencing symptoms.</p> <p>Should the result be positive we will then make available the details of the personnel who were in close contact with the infected person so they can pass that information on to the NHS track &amp; trace system who will instruct those participants of what they should do next.</p>	Amber	

# Sharpness AFC

## Covid-19 Procedure for Visiting Teams - at Hamfields Leisure

Due to the current Covid-19 pandemic, we ask that all travelling teams adhere to the following rules. These are set out by the club and follow the current Government guidelines and advice.

- All visiting teams' players and team officials must carry out a Covid-19 self-assessment before arriving. If anyone shows any symptoms then they should not attend the fixture.
- Parking is available for visiting teams at Hamfields Leisure, Hamfields Lane, Berkeley, Glos, GL13 9TN.
- On arrival all visiting teams must fill in an attendance form for all players and team officials that will be in attendance on Matchday.
- Changing rooms will be made available for use with a maximum of 6 people allowed in at anyone time. Showers can be used after the match with a maximum of 3 people allowed in at any one time. A toilet will be available in the changing room with 1 person allowed in at a time. Social distancing must be adhered to at all times when participants are using the changing rooms.
- Anyone who enters the changing rooms must sanitise their hands on entry and exit.
- Please ensure all your participants bring their own drinks bottle which is clearly marked.
- Visiting teams should bring their own linesman flag for use during the match.
- A maximum of 4 people will be permitted within the dugout and technical area with social distancing practised at all times. Substitutes will be given their own area adjacent to the dugouts which they can also use for warming up. Social distancing must be observed during substitutions.
- When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. If the ball cannot be retrieved easily by a participant then a clean ball will be introduced. The irretrievable ball will then be retrieved by a non-participant and cleaned before being reintroduced into the game.
- Social distancing must be adhered to in any break of plays, water breaks and during half time.
- Goal celebrations should be avoided and players should refrain from spitting.
- Goal posts and corner flags will be cleaned before, at half time and after the match.
- If your physio or other team staff need to enter the pitch, they should ensure that they are wearing a face mask and clean gloves.
- Spectators should remain socially distanced whilst attending matches. Spectator groups must be restricted to six-person gathering limits and spread out at 2m intervals. Spectators will be restricted to standing on one side line and one goal line
- Participants and spectators should wash their hands or apply sanitiser at the earliest opportunity after the match.

Many thanks for your co-operation.

Tom Paterson

Sharpness AFC Covid-19 Officer

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**Sharpness AFC Covid-19 Risk Assessment  
for use of Facilities at Sharpness Village Hall  
& Oldminster Road Playing Fields**

<u>Area of Risk</u>	<u>Who's at Risk</u>	<u>Risk RAG Rating</u> <u>Red, Amber or Green (RAG)</u>	<u>Solution/Mitigation</u>	<u>Solution/Mitigation Rating</u> <u>Red, Amber or Green (RAG)</u>	<u>Review Post Activity</u>
<b><u>Before Activity</u></b>					
Covid-19 Self-Assessment	Everyone	Red	Before attending the match, everyone who will be attending, should carry out our Covid-19 self-assessment before arriving (See Appendix 1 below). If they have any of the symptoms then they should stay at home, self-isolate & follow the latest Government guidance.	Amber	
Track & Trace	Everyone	Red	A register will be kept of all players and team officials who attend the match to assist with NHS track and trace system. Each team shall be responsible for filling out their own form and the form must be handed to a Sharpness club official on completion. This register will be kept in accordance with GDPR and destroyed after 21 days.	Green	
Advance Information	Everyone	Red	The Covid-19 officer will issue all Sharpness AFC players and team officials this risk assessment and appendices when either signing on or joining the club. They must sign to say they will comply with the documents before they will be allowed to attend a match.  The Covid-19 Officer will send out the risk assessment and attached appendices to the opposition and match officials 5 days prior to the fixture. The visiting team will be requested to confirm in writing at least 48hrs before the match that they are happy with the risk assessment and will adhere to the guidelines set out.	Green	

Travel	Everyone	Red	<p>All participants and other attendees should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible. People from the same household or support bubble can travel together in a vehicle.</p> <p>If participants do have to travel with people outside their household or support bubble, they should adhere to the guidelines listed below. (Appendix 2)</p>	Amber	
Arrival	Everyone	Red	<p>On arrival to the ground players, coaches and match officials will be given a safety briefing by the appointed matchday Covid-19 Officer to inform them of their responsibilities in complying with our Matchday protocols.</p> <p>Clear signage (e.g. for one-way systems) to manage entry, parking arrangements, traffic flow and general movement around the venue will be installed to ensure social distancing can be maintained.</p>	Green	
Team Changing Rooms & Showers	Players & Team Officials	RED	<p>Where possible players &amp; team officials are to arrive changed in order to minimise use of changing rooms before the match.</p> <p>Each team will be provided with a separate changing area for use with a maximum of 6 people allowed in each team changing area at one time.</p> <p>Social distancing must be adhered to at all times while in the changing rooms.</p> <p>Seating will be marked clearly to ensure social distancing is adhered too and signage will be on display.</p> <p>Windows will be open to allow extra ventilation.</p> <p>A hand sanitising station will be located inside the building entrance door for use before and after exiting the changing room.</p> <p>Changing Rooms will be thoroughly cleaned before &amp; after use.</p>	Amber	
Changing Room	Match Officials	Red	<p>Where possible match officials are to arrive changed in</p>	Green	

& Showers			<p>order to minimise use of changing rooms before the match.</p> <p>The Match Official will be provided with their own changing room with a maximum of 1 person allowed in the room at one time.</p> <p>A hand sanitising station will be located inside the building entrance door for use before and after exiting the changing room.</p> <p>Changing rooms will be cleaned thoroughly before &amp; after use.</p>		
Toilet	Players, team officials and match officials	Red	<p>A communal toilet will be available for use by both teams and the match official within the village hall, before, during and after the match with a maximum of one person allowed in the corridor or toilet at one time. Hot water, soap and paper towels will be made available for use to clean hands.</p> <p>Toilets will be cleaned thoroughly before, during &amp; after the match.</p>	Green	
Cleaning Products	Club officials	Red	<p>The club will purchase sanitising cleaner and wipes for cleaning changing rooms, showers, toilets and equipment.</p> <p>The club will purchase hand sanitiser for use when people enter and exit the changing rooms.</p>	Green	
Cleaning Equipment	Club officials	Red	<p>Goalposts and corner flags will be cleaned prior to the match.</p>	Green	
<b><u>During a Match</u></b>					
Social distancing around matches	Everyone	Red	<p>Competitive match play is now permitted, however, in all settings before and after matches all participants should practise social distancing</p>	Green	
Cleaning Equipment	Club officials	Red	<p>Goalposts and corner flags will be cleaned during half time.</p>	Green	
Warm-ups/cool downs (Not competitive training)	Everyone	Red	<p>Warm-ups/cool-downs should always observe social distancing.</p>	Green	

Competitive Training (Warming Up)	Everyone	Red	Competitive training can take place prior to a match, in an outdoor setting, provided this takes place in groups of no more than 30 (including coaches).	Amber	
Pre-match handshake	Everyone	Red	Pre-match handshake will be prohibited.	Green	
Team talk huddles	Everyone	Red	Team talk huddles should not take place. Team talks may take place, as long as social distancing is observed and held outdoors where possible.	Green	
Breaks in play	Everyone	Red	All participants should practise social distancing during any breaks in play.	Green	
Goal celebrations	Players & Coaching Staff	Red	Goal celebrations should be avoided.	Amber	
Touchline & dug outs	Everyone	Red	Each team will be provided with their own segregated area for team officials and substitutes to stand and warm up during the game.  Social distancing must be observed during substitutions.	Green	
Drink Bottles	Everyone	Red	Water bottles or other refreshment containers should in no circumstances be shared. Participants should bring their own drinks or refreshments, in a named container.	Green	
Use of Equipment	Everyone	Red	The sharing of equipment must be avoided where possible. Where equipment is shared, equipment must be cleaned before use by another person.	Amber	
Ball Transfer	Everyone	Red	The nature of football means that the ball is not frequently handled. When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.  If the ball cannot be retrieved easily by a participant then a clean ball will be introduced.  The irretrievable ball will then be retrieved by a non-participant and cleaned before being reintroduced into the game.	Amber	
Shouting, spitting and chewing gum.	Everyone	Red	There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly.  If possible, players, coaches and officials should avoid shouting or raising their voices when facing each other	Amber	

			<p>during, before and after games.</p> <p>Everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face</p> <p>Chewing gum will be prohibited before, during and after the game and should be disposed of on arrival at the ground.</p>		
Treatment of Injuries	First Aider/Physio	Red	<p>If a player requires first aid then the first aider must be wearing the appropriate PPE (face mask, gloves, apron and goggles/face shield) when attending to the participant.</p> <p>After providing first aid the first aider should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity.</p> <p>The first aider must also keep a record of anyone they have treated to aid with the NHS track &amp; trace.</p>	Green	
Social Distancing	Spectators	Red	<p>Spectators should remain socially distanced whilst attending matches. Spectator groups must be restricted to six-person gathering limits and spread out at 2m intervals.</p> <p>Spectators will not be allowed to enter the segregated team areas. See attached Diagram/Photo.</p> <p>Clear signage will be on display around the pitch to indicate that 2m social distancing must be adhered to. The pitch perimeter fencing will also be clearly marked as to indicate 2m distancing.</p>	Amber	
<b><u>After the Match</u></b>					
Hygiene	Everyone	Red	<p>Participants and spectators should wash their hands or apply sanitiser at the earliest opportunity after the match.</p>	Green	
Cleaning Equipment	Club officials	Red	<p>Goal posts and corner flags will be cleaned after the match.</p>	Green	

Changing Rooms & Showering	Everyone	Red	<p>Changing areas will be open for use with a maximum of 6 people allowed in each team changing area at one time.</p> <p>Social distancing must be adhered to at all times while in the changing rooms.</p> <p>Windows will be opened to allow extra ventilation.</p> <p>Seating will be marked clearly to ensure social distancing is adhered too.</p> <p>A hand sanitising station will be located inside the building entrance door for use before and after exiting the changing room.</p> <p>Showering will <b>NOT</b> be permitted at this time.</p> <p>Changing rooms will be cleaned thoroughly before &amp; after use.</p>	Amber	
Washing	Players, club officials & kit washer.	Red	<p>After the match players must remove their kit in the changing room and place into the black waste bag provided.</p> <p>The kit will then be taken by a club official and dropped off at the kit washers house.</p> <p>Anybody handling the soiled kit must wash or sanitise their hands immediately afterwards.</p> <p>The kit washer will then wash the kit and will wear gloves, mask and apron while touching the soiled kit.</p> <p>The clean kit will then be dropped back off at the changing rooms.</p>	Amber	
Payment of Match Fee's	Player's & Club Officials	Red	<p>The club have purchased mobile card readers in order for players to pay their match fees via contactless.</p>	Green	
Experiencing symptoms of Covid-19	Everyone	Red	<p>Should anyone develop any Covid-19 symptoms then they must self-isolate straight away in line with government guidelines and order a test.</p>	Amber	

			<p>They should alert the Covid-19 officer straight away to inform them they have developed symptoms and when they started.</p> <p>The Covid-19 officer will then consult the register and inform anyone who has been in contact with that person in the 48hrs prior to them developing symptoms. At this stage those who have been in contact with the person experiencing symptoms will not need to self-isolate but should practise good social distancing, hygiene and watch out for their own symptoms until the test result has been received.</p> <p>Should the test result be negative no further action will be required and the person with symptoms will be allowed back to club activities once they are no longer experiencing symptoms.</p> <p>Should the result be positive we will then make available the details of the personnel who were in close contact with the infected person so they can pass that information on to the NHS track &amp; trace system who will instruct those participants of what they should do next.</p>		
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# Sharpness AFC

## Covid-19 Procedure for Visiting Teams at Sharpness Village Hall & Oldminster Road Playing Field

Due to the current Covid-19 pandemic, we ask that all travelling teams adhere to the following rules. These are set out by the club and follow the current Government guidelines and advice.

- All visiting teams' players and team officials must carry out a Covid-19 self-assessment before arriving. If anyone shows any symptoms then they should not attend the fixture.
- Parking is available for visiting teams at Sharpness Village Hall, 35 Oldminster Road, Sharpness, Glos, GL13 9NA.
- On arrival all visiting teams must fill in an attendance form for all players and team officials that will be in attendance on Matchday.
- Changing rooms will be made available for use with a maximum of 6 people allowed in at anyone time. Showers will **NOT** be available for use. A toilet will be available in the Village Hal with 1 person allowed in at a time. Social distancing must be adhered to at all times when participants are inside the Village Hall.
- Anyone who enters the Village Hall must sanitise their hands on entry and exit.
- Please ensure all your participants bring their own drinks bottle which is clearly marked.
- Visiting teams should bring their own linesman flag for use during the match.
- A segregated area will be provided for team officials and substitutes during the match.
- When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. If the ball cannot be retrieved easily by a participant then a clean ball will be introduced. The irretrievable ball will then be retrieved by a non-participant and cleaned before being reintroduced into the game.
- Social distancing must be adhered to in any break of plays, water breaks and during half time.
- Goal celebrations should be avoided and players should refrain from spitting.
- Goal posts and corner flags will be cleaned before, at half time and after the match.
- If your physio or other team staff need to enter the pitch, they should ensure that they are wearing a face mask and clean gloves.
- Spectators should remain socially distanced whilst attending matches. Spectator groups must be restricted to six-person gathering limits and spread out at 2m intervals. Spectators will be prohibited from entering the team official and player segregated areas.
- Participants and spectators should wash their hands or apply sanitiser at the earliest opportunity after the match.

Many thanks for your co-operation.

Tom Paterson  
Sharpness AFC Covid-19 Officer



## SHARPNESS AFC COVID-19 SELF ASSESSMENT CHECK



Each participant should self-screen prior to arrival at Hamfields Leisure to ensure they do not have any of the following symptoms, as these are potential indicators of Covid-19 infection.

- A high temperature above 37.8°C (Participants, team officials and match officials will be temperature checked before being allowed to enter the venue)
- A new continuous cough
- Shortness of breath
- A sore throat
- Loss of or change in normal sense of taste or smell
- Feeling generally unwell
- Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks

If you are experiencing any of the above symptoms then you should not travel to training or the match and follow all applicable Government Guidance.



# SHARPNESS AFC

## COVID-19 Travelling Guidelines

All participants and other attendees should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible. People from a household or support bubble can travel together in a vehicle.

If participants do have to travel with people outside their household or support bubble they should try to:

- Share the transport with the same people each time;
- Keep to small groups of people at any one time;
- Open windows for ventilation;
- Face away from each other;
- Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch;
- Ask the driver and all passengers to wear a face covering;
- Consider seating arrangements to maximise distance between people in the vehicle – this may mean using more than one coach or minibus if possible, and the wearing of face coverings on coaches or minibuses;
- Require regular hand sanitisation by passengers on a coach or minibus;
- Limit the time spent at garages, petrol stations and motorway services;
- Keep distance from other people and if possible, pay by contactless;
- Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle;
- When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible.

Appendix 1



SHARPNESS AFC



## COVID-19 SELF ASSESSMENT CHECK

Each participant should self-screen prior to arrival at Hamfields Leisure to ensure they do not have any of the following symptoms, as these are potential indicators of Covid-19 infection.

- A high temperature above 37.8°C (Participants, team officials and match officials will be temperature checked before being allowed to enter the venue)
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## SHARPNESS AFC COVID-19 SELF ASSESSMENT CHECK



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- Open windows for ventilation;
- Face away from each other;
- Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch;
- Ask the driver and all passengers to wear a face covering;
- Consider seating arrangements to maximise distance between people in the vehicle – this may mean using more than one coach or minibus if possible, and the wearing of face coverings on coaches or minibuses;
- Require regular hand sanitisation by passengers on a coach or minibus;
- Limit the time spent at garages, petrol stations and motorway services;
- Keep distance from other people and if possible, pay by contactless;
- Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle;
- When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible.